

INTERPROFESSIONAL CENTER FOR COUNSELING & LEGAL SERVICES
INFORMED CONSENT FOR COUNSELING SERVICES

This form provides information about counseling services and your rights and responsibilities as a client. Your signature at the bottom indicates that you understand the information and freely consent to participate in therapy.

Program Description

The Interprofessional Center is dedicated to providing you with a high-quality, beneficial, and safe service. To that end, we provide a variety of Counseling Services to assist you in managing certain life circumstances. You will participate in establishing the goals and treatment plan for your therapy and in reviewing the progress of therapy towards these goals. You have the right to know your counselor's views of your presenting issues and to their opinion of the progress of your work together. You have the right to a periodic review of your treatment plan.

Confidentiality

The therapeutic relationship between you and your counselor is confidential, which means that your counselor cannot give out any information about you to anyone without your written consent. State law and ethical standards *do* require that your counselor report information about you to the appropriate agency in the following circumstances:

- If there is a clear and imminent danger that you may harm yourself or others.
- If there is suspected or confirmed abuse or neglect of a child or a vulnerable adult.
- If you report or describe sexual exploitation by a previous therapist.
- If you are pregnant and abusing substances.
- Unless you are an emancipated minor, your parent or legal guardian.

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students must complete a qualifying exam during which time they present a case to a faculty committee and play a portion of the tape of a client session during this presentation. No identifying information is provided to the faculty about the client. If a tape of yours is used for a qualifying exam, the tape will be erased as quickly as possible after the exam presentation. All recordings and its contents are afforded the same confidentiality and privacy as the rest of your clinical record.

Use of Archival Database in Research

Given that the Interprofessional Center is affiliated with the University of St. Thomas, students and faculty in the graduate psychology and/or social work programs may, in the course of performing research projects, periodically use archival data that have been obtained through the course of providing therapy, psychological testing, or case management services to Interprofessional Center clients. Sometimes this research is used to inform the structuring of clinic services and ongoing trainings of the clinicians who are providing client services at the Interprofessional Center. Other times the research is done by our faculty and/or students who are completing research for scholarly purposes with the end result being an additional contribution to the scientific literature on a particular topic. In some cases, the research may be done as a way to complete research assignments which are required of our students. Examples of data which may be used for such projects include (but are not limited to): demographic data of clients that obtain services at the Interprofessional Center such as age categories, gender, ethnicity, etc., presenting