

# INTERPROFESSIONAL CENTER FOR COUNSELING & LEGAL SERVICES INFORMED

## **Program Description**

The Interprofessional Center for Counseling Services provides a high quality, informed and safe life circumstances. You will participate in establishing the goals and treatment plan for your therapy and in reviewing the progress of therapy towards these goals. You have the right to know your counselor's views of your presenting issues and to their opinion of the progress of your work together. You have the right to a periodic review of your treatment plan.

## **Confidentiality**

The therapeutic relationship between you and your counselor is confidential, which means that your counselor cannot give out any information about you to anyone without your written consent. State law and ethical standards *do* require that your counselor report information about you to the appropriate agency in the following circumstances:

- If there is a clear and imminent danger that you may harm yourself or others.
- If there is suspected or confirmed abuse or neglect of a child or a vulnerable adult.
- If you report or describe sexual exploitation by a previous therapist.
- If you are pregnant and abusing substances.
- Unless you are an emancipated minor, your parent or guardian may be able to access your records.

## **Your Counselor**

The professional counseling staff at the Interprofessional Center have differing areas of expertise. To provide you with the best service, your counselor may discuss your case with other members of the Counseling Services Team. The clinical counseling team is comprised of both qualified graduate level trainees and teaching faculty in the fields of psychology and social work. All counseling students are under the supervision of a licensed psychologist or social worker. In order to ensure the best possible service, your counselor will be discussing your treatment with their supervisor. However, know that

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**INFORMED CONSENT FOR COUPLES COUNSELING**

access to any identifying information about you. Normally all tapes will be erased by the end of the training period; however, occasionally there is an exception to this procedure. Doctoral psychology